



PROVIDER ALERT

Feb. 15, 2023

Alert Summary: This alert is to inform you about courses available on Relias eLearning on the topics of specific populations (LGBTQ+, Older Adults, and Native Americans)

Dear Optum Idaho Providers,

The Optum Idaho Education and Training team is happy to highlight and share with our providers some Relias courses identified as topics of interest in our 2021 Annual Provider Survey. Trainings on specific populations, which include LGBTQ+, older adults, and Native Americans can now be found on the Optum Idaho Education and Training website.

Optum Idaho >> For Network Providers >> Provider Meetings and Trainings >> Specific Populations

You can also access these courses by clicking on the links below:

LGBTQ+:

- [101 Terms and Skills for Counseling LGBTQIA+ Population](#)
- [The Lesbian, Gay, Bisexual, Transgender, and Queer \(LGBTQ\) Community, Part 1](#)
- [LGBTQIA+ Panel](#)
- [Overcoming Barriers to LGBTQ+ Affirming Behavioral Health Services](#)
- [Prevalence and Treatment of Substance Use Disorders in the LGBTQ+ Community](#)
- [Working More Effectively with the LGBTQ+ Community](#)
- [Working More Effectively with LGBTQ+ Children and Youth](#)

Native Americans:

- [Behavioral Health Challenges in Tribal Communities](#)
- [Understanding the Native American Experience: Coeur d'Alene Perspective on Behavioral Health and Wellness](#)

Older Adults:

- [Depression and Suicidality in Older Adults](#)
- [Identifying and Treating Anxiety Disorders Among Older Adults](#)
- [In Session: Practicing Clinical Skills to Prevent Suicide in Older Adults](#)
- [Older Adults and Behavioral Health Issues](#)
- [Screening and Assessing for Substance Use Disorders in Older Adults](#)
- [Strategies for Addressing Loneliness in Behavioral Health Settings](#)

Thank you for all you and your colleagues do to support Optum Idaho Members and their families.

The Optum Idaho Education and Training team